

## STIMULATING REPAIR

If you have a painful disorder such as arthritis, joint pain, spinal issues, or non-healing injuries, you may be a candidate for PRFM therapy. This natural and highly effective alternative can help stimulate the repair of damaged cartilage, cells, and tissue, potentially restoring pre-injury functioning without surgery.



**BEING  
PAIN FREE  
STARTS  
WITH YOU**

## FIND OUT MORE

Talk with your doctor today to learn how PRFM can help alleviate pain so you can enjoy an active life again.

Ask your doctor about PRFM, the next generation of PRP Therapy.

## WHAT IS PLATELET-RICH PLASMA THERAPY?

Commonly known as PRP, this regenerative therapy has been around since the early 2000's. It is thought to promote your body's natural healing abilities by utilizing your own blood platelets to release growth factors.

## PLATELET-RICH FIBRIN MATRIX: THE NEXT GENERATION OF PRP

Similar to PRP, Platelet-Rich Fibrin Matrix (PRFM) uses a controlled separation process that removes almost all contaminants to create a pure platelet solution. PRFM takes this pure solution to the next level by forming a gel-like substance that protects and preserves platelets for injection.

### This optimal solution keeps:

- Inflammation to a minimum
- Patient comfort in mind
- Sustained growth factor release at the injection site



## What are Growth Factors?

Growth factors are protein molecules found naturally in your body and released by the platelets in your blood. With hundreds of different types in existence, each help in varying ways including regulating cell growth, preventing cell death, and increasing circulation to name a few. Among the benefits of growth factors is their ability to act as chemical messengers, communicating with cells to stimulate growth and repair.

## Is PRP Therapy right for you?

For years, physicians have used PRP for the following applications. It is up to your clinician to diagnose your pain and determine if you are an eligible candidate.



### SPINAL INJURIES

Neck pain, mid or lower back pain, sacroiliac joints



### JOINT INJURIES

Knees, hips, shoulders, elbows, ankles, wrists, fingers, toes



### SOFT TISSUE INJURIES

Tennis elbow, golfer's elbow, plantar fasciitis, rotator cuff

## What To Expect

### How does the procedure work?

During a brief appointment, your physician will perform a basic blood draw and, with the use of a centrifuge, start the separation process. Once the final PRFM solution is prepared, your physician will inject it into your injured area.

### How many treatments are needed?

The number of treatments needed depends on each individual patient, the desired outcome, and your physician's treatment plan.

### Are there any side effects?

There have been no known side effects reported to date. As with any injectable procedure, some patients may experience mild and temporary irritation, swelling, bruising, itching, discoloration or tenderness at the injection site.

### Will insurance cover the cost of the PRFM injection?

Currently insurance companies do not cover some of the more innovative treatment therapies such as PRFM. You may pay cash or use your Health Savings Account (HSA or FSA). We also partner with Health Finance Solutions (HFS) to offer a variety of loan options based on your qualifications.