



STIMULATING REPAIR

If you have a painful disorder such as arthritis, joint pain, spinal issues, or non-healing injuries, you may be a candidate for BMA stem cell therapy. This natural and highly effective alternative can stimulate the repair of damaged cartilage, cells, and tissue, potentially restoring pre-injury functioning without surgery.

Consider BMA Stem Cell Therapy if you have:

- Damaged Ligaments or Tendons
- Cartilage Defects
- Back or Joint Pain
- Soft Tissue Injuries
- Sports Injuries
- Arthritis

HARNESS THE POWER OF YOUR STEM CELLS

FIND OUT MORE

Talk with your doctor today to learn more about how your stem cells can help you alleviate pain and enhance healing without surgery so you can better enjoy your life.

Imagine treating your pain and getting back to what you love, without surgery.

IS STEM CELL THERAPY RIGHT FOR YOU?

Can BMA stem cell therapy benefit you? Your body consists of a framework of bones, cartilage, ligaments, and tendons working in unison. Injury or illness impacting your framework can impact your body's overall performance. Research has shown that a concentrated injection of stem cells from your bone marrow can reduce pain over time and accelerate the reparative process.

What injuries* are right for BMA therapy?



SPINAL INJURIES

Neck pain, mid or lower back pain, sacroiliac joints



JOINT INJURIES

Knees, hips, shoulders, elbows, ankles, wrists, fingers, toes



SOFT TISSUE INJURIES

Tennis elbow, golfer's elbow, plantar fasciitis, rotator cuff

*This is not a comprehensive list of disorders treatable with BMA.

Why use BMA Stem Cells?

- **BMA** is found in abundant quantities
- **BMA** renews through cell division
- **BMA** has potential to regenerate tissue, bone or cartilage
- **BMA** can be safely and effectively transplanted
- **BMA** therapy is a minimally invasive procedure
- **BMA** is autologous, so there is no risk of rejection

What are BMA derived stem cells?

Bone Marrow Aspirate* (BMA) is derived from your own bone marrow, usually from the hip bone.

*The BMA contains hematopoietic stem cells (HSCs) that produce red and white blood cells and also Mesenchymal stem cells (MSCs) that produce bone and cartilage that can help the healing of some bone and joint conditions. BMA is most commonly taken from the pelvis but may be taken from other parts of the body.

What To Expect

How does my doctor collect BMA stem cells?

Your doctor offers a minimally invasive, state-of-the-art procedure where millions of stem cells, growth factors and proteins are removed from your bone marrow. It is done through a small needle aspiration from your hip. This can be performed in the office, surgery center or hospital.

Is BMA stem cell therapy safe?

The full outpatient procedure is typically completed within an hour. Since BMA comes from your body, it is an autologous procedure meaning there is no risk of your body rejecting its own tissues.

When can I go back to my daily activities?

Your physician will inform you of any restrictions based on your specific injury. While it is common that patients refrain from strenuous physical exercise for 30 days, patients commonly resume normal activities within a day or two.

What can I expect after the BMA injection?

Most patients experience relief and a restoration of pre-injury function after one treatment. The regenerative process can take up to 10-12 weeks.

Will insurance cover the cost of the BMA injection?

Currently, insurance companies do not cover some of the more innovative treatment therapies such as BMA therapy. You may pay cash or use your Health Savings Account (HSA or FSA). We also partner with Health Finance Solutions (HFS) to offer a variety of loan options based on your qualifications.